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## *Homemaker Reflections*

IOWA COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

Muffy Swingen, Editor

August 2014

Hello HCE Members,

This newsletter tells us summer is nearly over and HCE activities are starting up again. Please read carefully as inside are announcements for Pizza Hut fundraiser and fall project lessons plus more.

For inspiration for my letter to you I am going back to 1987 and our HCE program. This is what I wrote then...

*A recent program on "Sesame Street" featured Ernie singing about all the things he would like to do. One was flying to the moon. I realized children don't know some of the things they imagine can come true. Let's be more child-like in our dreams. Let's dream of things which can come true, like flying to the moon. Eleanor Roosevelt said, "The future belongs to those who believe in the beauty of their dreams."*

*Imagine what would happen if each club in Iowa County found one new member. We would share our discovery of the HCE program with over fifty people!*

*Imagine the benefit of HCE to you and your family. The knowledge and support you gain to face daily living through the fellowship of club members is immeasurable. I hope this is a dream that has come true for every member!*

*Imagine on and on, big and small. They are all fun. All free. Just be careful what you dream, because it might come true!*

Two things have changed since I wrote this - I don't watch "Sesame Street" anymore and Iowa County HCE does not have 50 clubs. But we still imagine and we can still share HCE!

Imagine and dream,

*Sarah Weier*

Iowa County HCE Co-President

## Calendar Of Events

August 21—Project Lesson "Perennials"  
September 8—HCE Pizza Hut Fundraiser  
September 8 - 10 - HCE State Conference  
September 15 - Oct/Nov/Dec Newsletter Articles Due  
October 7 - Project Lesson "Cake Mix Magic"  
October 21 - HCE Board Meeting

### *September Project Lesson*

**Thursday, August 21, 2014 – Perennials - PLEASE NOTE DATE CHANGE!** When fall rolls around, it's time to put the flower boxes and gardens to bed. But it's an EXCELLENT time to plan for perennials for 2015. Join us for this lesson that will inspire the green thumb in you. Marsha Wyatt, General Manager at Sandstone Nursery in Mineral Point will be our speaker. We will meet at the Pointer Café (across the street from Sandstone Nursery in Mineral Point) at 1:30 pm. Come early for lunch or stay after the lesson for dessert. You can also cross the street to Sandstone Nursery after the lesson.

Please call Muffy at 930-9850 or e-mail her at [muffy.swingen@iowacounty.org](mailto:muffy.swingen@iowacounty.org) by Monday, August 18 if you plan to attend. Remember, we had to move this lesson up a couple of weeks. Please note the change in the date—Thursday, August 21!

### *October Project Lesson*

**Tuesday, October 7, 2014 – Cake Mix Magic** - Ever needed a quick and tasty dessert for family or friends? Sarah Weier and Lynette Miess are joining forces to share lots of ideas that start with a simple cake mix. Come hungry – I hear samples will be available!

### *Fundraising Update* by Lynette Miess

What do we use our HCE fundraising for? Our HCE Scholarships and Wisconsin Bookworms™ project!

Thanks to our members who helped & ate at Culver's on March 18. The Culver's Manager presented us a check for \$297.85.



We had a very successful evening at the Balloon Fest June 5th. The weather was great and we sold all of our pies and cookies. Thank you to everyone who helped and baked, We made \$278.10.

The Dairyland Dare bicycle event will be held on Saturday, August 9th. Lynn Halverson will be calling for helpers for that day. If you did not sign up at the beginning of the year, but would be available that day, please call Lynn at 623-2167. In the past, we have had a sit down job recording results, collecting ankle bracelets, and handing out lunch tickets. It's pretty easy and has been our most profitable fundraiser.

Our Pizza Hut Fundraiser is scheduled for Monday, September 8. Please encourage all your friends and family to eat the Pizza Hut Buffet that night to support Iowa County HCE. Please mark your calendars and spread the word to support this fundraiser. We really appreciate these local businesses supporting our organization.

## *Iowa County HCE Awards Scholarships*

The Iowa County Home and Community Education Association (HCE) scholarship committee selected two local youth to receive \$400 scholarships to further their education in a field that benefits families or communities. Scholarship recipients for 2014 are Robert McGuire and Cayla Carden.

Robert McGuire graduated from Highland High School this spring. Robert is student council representative, a student athlete and volunteers at the local food pantry. He is the son of Jeff & Julie McGuire. He plans to attend UW-Platteville this fall to study Business.

Cayla Carden graduated from Barneveld High School and her parents are Jenifer & Kevin Carden. Cayla is a National Honor Society member, a drama and forensics participant and a student athlete. She will pursue a degree in Pediatric Physical Therapy at UW-LaCrosse this fall.



### ***ORANGE POMANDER BALL***

Stud an orange with whole cloves by poking the orange with a thick needle and inserting a clove in each hole. To fix the scent, mix a few drops of orange oil with a spoonful of powdered orris root (available in natural food stores), and then stir in some ground allspice. Sprinkle the mixture over the completed ball, cover with netting and tie with ribbon.

*Source: Communicating Food for Health, November/December 2000*



## *Cultural Arts* by Lynette Miess

We had another wonderful Cultural Arts Show at Spring Council on March 25. There was a very nice variety of entries. Thank you to everyone who entered. There were 24 items entered in the Cultural Arts Show, plus 7 owls in the bonus category. I was very happy to see so many owls. They were so cute and are very popular now. We have such talented people in our county. I really enjoy seeing what you've made.

Carol Paynter judged our entries and chose the 12 items to be entered at the State Conference Cultural Arts Show in nSeptember. They are as follows:

Fall Scene Watercolor by Jean Slapak  
Christmas Cardinal Photo by Twila Thomas  
God Made a Farmer Photo by Sarah Weier  
Mountains in Alaska Photo by Jean Slapak  
Ruby Lady Crocheted Doily by Mary Ann Antonson  
Stained Glass Crocheted Afghan by Rosemary Gilbertson  
Bells & Ribbons Embroidered Pillowcases by Rosemary Gilbertson  
Window Flowers Counted Cross Stich by Lu Borcharding  
Batik Block of the Month Quilt by Lynette Miess  
Wreath of Pansies Quilt by Twila Thomas  
Summer Bouquet Quilt by Lynette Miess  
Eagle Quilted Wall Hanging by Nancy Carden

Other entries included:

Blessings Crocheted Doily by Mary Ann Antonson  
Terrific Table Runner Crocheted by Mary Ann Antonson  
First Grandchild Photo by Jean Slapak  
Looking Up Photo by Jean Slapak  
Through the Windshield Photo by Jean Slapak  
My Birthday Flower Photo by Twila Thomas  
Clothespin Bag sewn by Lynette Miess  
Wildflowers Counted Cross Stitch by Rosemary Gilbertson  
Shawlette Crocheted by Sarah Weier  
Fleece Afghan by Pat Sieling  
Ripple Afghan by Pat Sieling  
Beaded Eagle Wall Hanging by Pat Sieling

Congratulations to Lu Borcharding. Her counted cross stitch picture was the viewers' choice winner.

### *Cultural Arts cont...*

Our bonus category was “build an owl”. We had 7 entries:

Recycled Owl by Mary Carr

Crocheted Jar by Mary Ann Antonson

Crocheted Basket by Lynette Miess

Pinecone by Pat Sieling

Painted rock by Pat Sieling

Hot Glue by Rosemary Gilbertson

Sewing Buddy by Lynette Miess

Congratulations to Mary Carr. Her owl was chosen as the favorite by those attending and will be taken to State Conference to join the other owls from around the state.

Thank you Sarah Weier for making the cute crocheted owl magnets/pins. I will wear mine to State Conference also.

### *Non-discrimination policy*

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On behalf of Iowa County Cooperative Extension, I want to thank you for collaborating with UW -Extension on educational programs. We appreciate your support and partnership as we provide education designed to meet the needs of the diverse residents of Iowa Country.

Sincerely,

*Ruth Schriefer, Family Living Agent*

*UW-Extension Iowa County*

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## *Homemaker Reflections*

Iowa County Association for Home & Community Education

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